

## OUR BASKET OF SERVICES

### FRIENDLY VISITING

We have volunteers providing this service either in person, virtually or by phone. You will be matched with a volunteer and introduced to one another by the coordinator and a recurring meeting time is set up.

### MINOR HOME REPAIRS

JFS provides this service through our Handyperson volunteers. Cost is \$20 per year for six visits. You can have the Handyperson come to change light bulbs, hang pictures, adjust shelves and curtain rod heights and other similar minor repairs.

### GROCERY SHOPPING

We provide grocery service depending on your needs. You are either paired with a volunteer to go grocery shopping together or paired with a volunteer to place an online order and the volunteer will deliver to your home.

**Better at Home Coordinator**  
**Mandana Tehrani**  
**(604) 637-3310**  
**[mtehrani@jfsvancouver.ca](mailto:mtehrani@jfsvancouver.ca)**

## LIGHT HOUSEKEEPING

Assistance with light household cleaning and laundry. Services provided by JFS Home Support and include careful screening, orientation and ongoing supervision of staff.

### FEES ON A SLIDING-SCALE BASED ON INCOME:

Individual Income	Household Income	Subsidy	Fee Per Hour
At or below \$23,840	At or below \$37,560	100%	\$0 (donations appreciated)
\$23,841-\$32,425	\$37,561-\$59,740	75%	\$9.00
\$32,426-\$41,010	\$59,741-\$81,920	50%	\$18.00
\$41,011-\$49,599	\$81,921-\$104,099	25%	\$27.00
Over \$49,600	Over \$104,100	0%	\$36.00

### SUBSIDIZED HOURS WILL BE LIMITED TO 2 HOURS EVERY OTHER WEEK.



### TRANSPORTATION MEDICAL

Volunteers provide rides to medical appointments. You can call to book a week in advance. Cost based on income.

### TRANSPORTATION SOCIAL

This is a Social Companion program. You are matched with a volunteer to travel by bus, hand-dart, walk or car to any non-medical/social outing.

### MEAL DELIVERY

Are you finding it difficult to prepare nutritious meals for yourself? Five nutritious, fresh meals prepared in our kitchen can be delivered to your home every other week. The cost is \$ 2 per meal.

### GROUP ACTIVITIES

Feel like getting out and socializing in a group? Travel with us by bus in groups of 10 or 20 to various destinations in the Lower Mainland. Small cost for activity and is based on income.



United Way helping seniors remain independent.

## WHAT IS BETTER AT HOME?

Better at Home is a program designed to help older adults live independently in their homes by providing affordable non-medical support services. There are no fees for many of our services. To register our coordinator will visit you in your own home.

## ELIGIBILITY

Although these services are available to everyone 65+ living in Kerrisdale, Oakridge, Marpole, Southlands, and Dunbar we must give priority to seniors who are isolated, low or moderate income, living with a disability, or moderately frail.



## Jewish Family Services

JFS delivers a continuum of social services to individuals and families of all ages and stages of life, supporting them to live healthy and productive lives. For more information or to register for KOM Better at Home:

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**Kerrisdale, Oakridge,  
Marpole, Dunbar &  
Southlands**



***Subsidized Support  
Services for Older  
Adults***

