



JFS works seniors and their families to help navigate the aging journey. Our goal is to work with seniors in a variety of ways to help them remain safe and secure in their own homes for as long as possible.

Our services meet the needs of seniors and families at all stages of the aging journey.

Jewish Family Services

For more than 85 years Jewish Family Services has been providing resources and opportunities to enhance the quality of life for individuals and families throughout the Lower Mainland. We are a social service organization committed to Jewish values, ethics and community.



tel. 604.257.5151 | fax. 604.257.5148
info@jfsvancouver.ca | jfsvancouver.ca

320-2285 Clark Drive
Vancouver, BC V5N 3G9

Supported by:



Program and Services for Seniors



● Food Programs

Food bank grocery delivery for those needing to supplement their monthly food purchases and meal delivery program for those returning from hospital or unable to prepare healthy meals.

Contact: 604-558-5719
communitycare@jfsvancouver.ca

● Thriving Seniors

A program designed to promote wellness through knowledge, connection and support. Join the Senior's Leadership Team and have a voice in what topics are presented, attend bi-weekly workshops.

Contact: 604-558-5709
seniorsoutreach@jfsvancouver.ca

Thriving Seniors: Russian speaking focus

Contact:
Russianthrivingseniors@jfsvancouver.ca

● Home Support Services

Assistance with personal care, light housekeeping and laundry, meal preparation, companionship, overnight stays and respite.

Contact: 604-637-3319
eperzow@jfsvancouver.ca

● Holocaust Survivor Services

Case management, financial aid and social programs available through the Compensation Program of Claims Conference. Financial aid is available for dental, home support, medicine, medical equipment, and food.

Contact: 604-558-5701
rshinkar@jfsvancouver.ca

● Care Management

For seniors and their families who need help navigating the aging process; and/or need assistance and advocacy to access services and support.

Contact: 604-558-5719
communitycare@jfsvancouver.ca

● Herb & Barb Silber Seniors Shabbat

A once a month Shabbat meal & zoom gathering for those who are not receiving Shabbat meals from other programs in the community.

Contact: 604-558-5709
tstein@jfsvancouver.ca

● Better at Home Program

For seniors who live in Kerrisdale, Oakridge, Marpole, Dunbar and Southlands: Non-medical supports are provided to help seniors live safely and independently at home; offers grocery shopping assistance, light housekeeping and laundry, virtual or in person volunteer visitor, transportation to medical appointments, and handiperson services.

Contact: 604-637-3310
dpineda@jfsvancouver.ca

● Tablet Learn and Loan Program

JFS will loan out Tablets to seniors who don't have access to the Internet or computer. Tablets have data and pre-loaded with programs. Seniors will be matched with a volunteer who will support your learning. *(Russian speaking volunteers also available)*

Contact: 604-558-5716 Ext. 284
sbordan@jfsvancouver.ca



If you have questions or feedback about these programs, please contact Cindy McMillan at 604-558-5699 or cmcmillan@jfsvancouver.ca