

# baynaynu between us

#### Shalom U'Vracha

This new publication combines our fall newsletter and annual report. It outlines the accomplishments and outcomes of our agency this past year. We have had a very exciting year of transition and change at JFSA. Transition of leadership and of an entrepreneurial spirit related to our programs and services. The organization will become stronger in the years ahead as we look at new service directions and build organizational capacity and infrastructure.

We have had strong board and volunteer involvement throughout this past year and we are grateful for the human resources and support we receive. The driving force of our organization is the committed and dedicated staff that provides our diverse clients with support and assistance. We are proud of the work we do to support those we serve.

We hope you enjoy our new look and our new ways of telling stories. Baynaynu is a collection of stories told by JFSA clients - some of the names have changed to honour client privacy. Translated from Hebrew, baynaynu means "between us". The new name is meant to convey the trust and integrity shared between JFSA and our various stakeholders - clients, donors, community partners and supporting agencies.

The new design of this print publication will highlight the stories of people whose lives have changed for the better as a result of JFSA. The stories will be told through a variety of formats - the JFSA website, various social media (iTunes, Facebook, Twitter, JFSA blog), and an exciting **new podcast** series which will be launched and showcased at our AGM. We hope you enjoy reading the client stories within these pages and encourage you to visit our online sites.

Joel B. Kaplan, Executive Director and Heather Sirlin, President

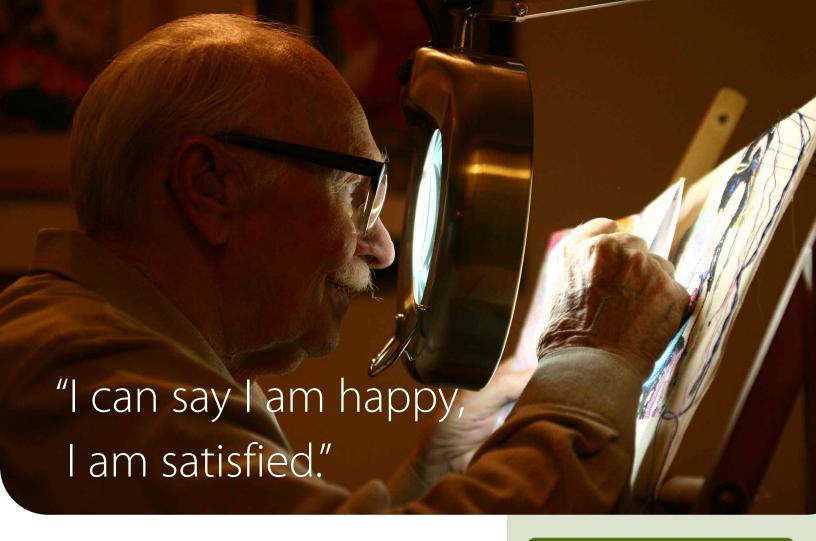
Visit www.jfsa.ca to listen to our new podcast series and look for us on iTunes, Facebook and Twitter.











## mr. goldstein JESA SENIORS DEPARTMENT

There are two sides to Mr. Goldstein: his present and his past. As a younger man, he spent 30 years of his life in the Israeli army.

Mr. Goldstein's present life takes up much of the space on his walls. Dozens of large-scale, framed tapestries adorn his one bedroom apartment. Each one is created with patience and persistence, thought and care.

Mr. Goldstein had a hard time sitting still when he returned home from the army in 1973, after spending so much of his energy fighting wars, so his wife taught him the art of needlework. He now spends five hours a day on his craft.

The 83-year-old enjoys needlework because the counting and persistence keeps his brain busy and active. He also credits his weekly outing to Temple Shalom to keeping him active. Every Tuesday he attends the JFSA Seniors Lunch program, where he socializes with 20-25 other attendees.

"At my age, the worst thing is to sit at home and to think," he says.

Mr. Goldstein says attending the luncheon makes him feel the same way he feels when he has completed a needlework project.

"I can say I am happy," he says. "I am satisfied."

Get the full story at www.jfsa.ca

### services and programs

The Seniors Department staff brings compassion and dedication to their work, as well as expertise in the field of aging.

- 11 staff provided more than 6000 hours of support to 90 clients through the JFSA Home Support program
- **1200** meals were delivered through the Kosher Meals-on-Wheels program
- Two seniors community lunch programs provided more than 1300 meals
- More than 20 Russian seniors meet monthly in Richmond, BC at our Community Kitchen
- More than 30 volunteers lend support each month to KMOW, lunch programs, ESL conversation groups, accompaniment to appointments, home visits & office assistance
- Nearly 50 participants attended the Clarissa Green workshop series for adults with aging parents



### rachel

#### JFSA COUNSELLING DEPARTMENT

fter losing her job last summer, Rachel found herself with a lot of time on her hands. She started smoking weed and analyzing every aspect of her life. Her friends soon mentioned that her behavior was erratic and manic. Rachel started feeling severely depressed. She decided to ask her doctor, who suggested she was bipolar. The idea of taking medication scared Rachel so she looked into counselling. She called BC Family Services and was told it would be at least four months to process her application. Defeated, Rachel hit the bottom and gave up.

A friend told Rachel about JFSA. She said it was a little known secret among the social services community. Rachel decided to check it out, as she felt like she had very few other options. Rachel was put through to the head of the counselling department, who soon set her up to meet with Tami Amit.

Rachel spent several months working on deep-rooted issues, many of which she never had the courage to face. She was amazed at how determined and patient her counsellor was with her. "Tami helped me realize how important it was to love myself and to never dismiss my feelings" she stated. "I really owe her my life."

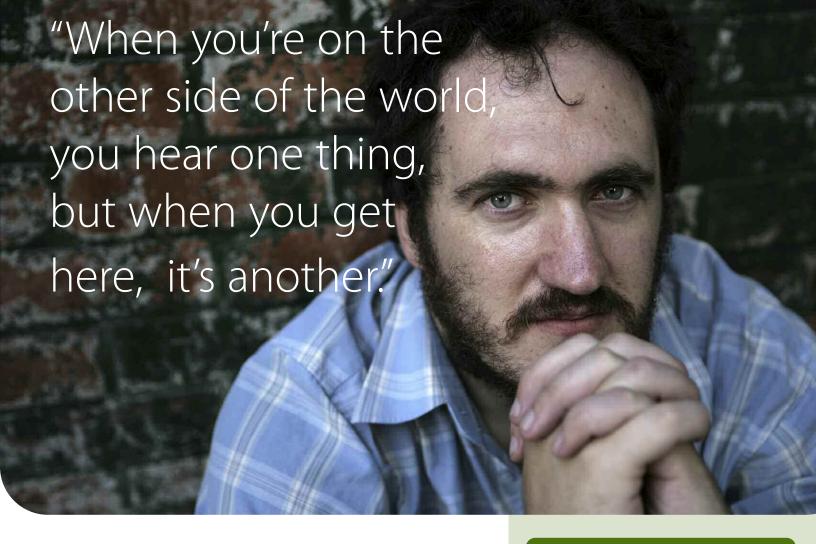
Today, Rachel is working at a job she loves. She says she has found a love for herself that she's never felt before. "I've been to the bottom and now I am rising to the top," she says. "Without JFSA, it would have been a much different story."

Get the full story at www.jfsa.ca

### services and programs

JFSA provided a wide range of counselling services to children, adults, couples and families.

- The Counselling & Therapy program provided approximately 2000 hours of clinical service for individuals, couples and families this last year. This included professional counselling and referrals
- **600** hours of Mental Health Community Outreach Services
- Nearly **1200** hours of Youth & Family at Risk Community Outreach Services
- Richmond Counselling Services provided approximately 350 hours of service
- ASTEH, a kosher Safe House for women and children
- Bereavement Support Services



### doron

#### JFSA RESETTLEMENT & EMPLOYMENT DEPARTMENT

hings in Canada aren't as Doron had imagined them. The Israeli man moved to Vancouver three years ago at the request of his wife, who had heard the country was overflowing with opportunity. He sold his business, applied for immigration and within a year found himself in our picturesque city. Shortly after arriving, Doron found a much different reality than what he was expecting. "When you're on the other side of the world, you hear one thing, but when you get here, it's another," he says.

After moving to Vancouver, Doron's marriage fell apart and an ugly custody battled ensued. He likens his new life to the reality show *Survivor*, where he is fighting to stay on the island.

And while his life in Vancouver may parallel the cutthroat reality series, he does have one thing that helps him feel like he has some sense of immunity. Doron says the JFSA Resettlement & Employment Services Department was his life raft during these difficult few years. JFSA helped Doron navigate his way through his new life, putting him in touch with legal advice in his custody dispute, helping him find a second job and educating him on the ins-and-outs of his newly adopted country.

"The goal for JFSA is to make someone else's life easier," he says. "They're here to fill the gap between what you need, what you can achieve and how you can do it."

Get the full story at www.jfsa.ca

### services and programs

The Resettlement, Integration and Employment Department provided services to more than **400** Jewish immigrants from Israel, the former Soviet Union, South America and Europe.

- The Monthly Speaker's Bureau Series in Russian and Hebrew has approximately
   25 active members
- Quarterly Bus Tours in Russian saw upwards of 40 attendees per tour
- The Vancouver Association of Russian Jewry (VERA/VARJ) has **150** members
- 7 mentors are working with 9 participants in the JOLT program (JIAS Opportunity for Leadership Training)
- More than 150 clients receive assistance with employment counselling, career development, and retraining
- **50%** of job seekers found employment through JFSA



### debbie

#### JFSA BASIC RESOURCES DEPARTMENT

hile volunteering at the Jewish Food Bank recently, Debbie Rootman experienced something that made her realize the difference she was making in someone else's life.

She had finished her volunteer shift and was counting and packing up all the leftover goods into a storage closet. Debbie likens this task to putting together a puzzle, as the space is small and the goods need to be packed efficiently. As she was finishing up her complex task, two clients arrived. One had traveled from White Rock with her two children, hoping to receive some food. Debbie went back to the storage closet and unpacked everything so that the client could leave with her bags full.

"It made me feel good that we didn't turn them away," she says. "We open our arms to everyone."

Debbie knows the Food Bank, which is run by JFSA and Jewish Women International BC, makes a difference in people's lives. It offers fresh produce from the JFSA community garden and canned goods to those who need it.

"There's a lot of people who are doing the right thing and a lot of unsung heroes," she says. "The community knows that if there's a need, they can fulfill it."

Get the full story at www.jfsa.ca

### services and programs

JFSA provided essential basic resource services to **1100** clients in our community.

- Food Service Programs for nearly 500 clients: Emergency Food Distribution, Food Vouchers, Jewish Food Bank, Maot Chittim (Passover Food)
- More than 1200 volunteer hours at the Jewish Food Bank
- 224 housing clients: 58 were placed in suitable housing, 95 are on a housing wait list
- Financial Assistance to **265** clients per month: Direct Aid, JFSA Medical Care Fund
- Canes Enable Workshops were held for more 300 students throughout the Lower Mainland
- 10 VIP adults provided a variety of valuable community services to: Books to Go, Canes Enable, Crafts Enable and The Comfort Kit Program



### diane

#### JESA DEVELOPMENT DEPARTMENT

iane Switzer is a former president of the JFSA Board of Directors. She held that role between 1994 and 1997. Although it's been more than a decade since she's been on the board, her connection to the agency remains strong – Diane continues to be a proud donor.

She considers JFSA to be one of the only organizations committed almost solely to the most vulnerable population of the community - be it through feeding the less privileged, helping immigrants resettle or offering counselling to those who need it. During her time at JFSA, Diane witnessed a wave of Yugoslavian immigrants coming through the agency, looking for help and quidance.

"For all those things that newcomers need, JFSA has always made a difference," she said.

Diane commends the staff and volunteers at JFSA for being the most dedicated she's seen in an organization. "People stay with the organization for a very long time," she said.

Diane uses herself as an example. Her personal experience with the agency has helped make it part of her life to this day.

"I give to JFSA as my specific charity of choice in the community because of that connection to service delivery," she said. "You know that your money is going to programs that help the vulnerable in our community."

Get the full story at www.jfsa.ca

### highlights

Our success is your success - and the success of our community. Your ongoing support strengthens the families and individuals within it.

- Friends campaign: Thanks to you we raised **\$377,000**
- Bubbe's Back! This lighthearted campaign was a great success, bringing in \$50,000 to support people in our community
- Innovators Lunch: This dynamic event was attended by nearly 700 guests - the 2009 keynote speaker was marketing and technology guru, Guy Kawasaki - the lunch grossed \$220,000
- Al Polsky Memorial Golf Tournament: This annual golf tournament and barbeque, in its 17th year, supports JFSA's Kosher Meals on Wheels program. To date this event has raised more than \$180,000

### jfsa board & staff

### board executive

Heather Sirlin, *President*Rick Kohn, *Past President*Diane Friedman, *President Elect*Michael Berkson, *Treasurer*Greg Samuels, *Secretary* 

Joel B. Kaplan, Executive Director

### board members

Heather Bordo Eve Camerman Robin Friedlander Jonathan Greenstein **Rob Hector** Lani Levine Brian Levinkind Monica Mashal Paul Maurer Audrey Chan Moss Alf Price Donna Riback Nava Mizrahi Rosenberg Joel Steinberg Perry Teperson Heather Wolfe

RAV Appointment, Rabbi Jonathan Infeld

### staff

#### seniors department

Joanne Haramia, Director of Seniors Services
Donna Cantor, Seniors Outreach Counsellor
Queenie Hamovich, Seniors Lunch Coordinator
Charles Hardy, Assistant Home Support Coordinator
Susan Hilton, Seniors Outreach Counsellor
Gisi Levitt, Seniors Outreach Counsellor
Natalya Likholatnikova, Community Kitchen Coordinator
Zanna Linskaia, Seniors Outreach Counsellor
Elaine Perzow, Home Support Coordinator

#### counselling department

Alan Stamp, Director of Counselling Services
Tami Amit, Family Therapist
Ellen Bick, Family Therapist
Charles Leibovitch, Mental Health and Community
Outreach Worker
Colette Mrazek, Youth and Family Outreach Counsellor
Anne Siegenberg, Family Therapist (Richmond, BC)

### resettlement, integration & employment department

Charlotte Katzen, Director of Resettlement, Integration & Employment Services
Alexandra Gerson, Resettlement & Integration Counsellor & Immigration Consultant
Adele Lewin, Integration Counsellor & JOLT Coordinator
Ken Lipton, Employment Services Coordinator
Tricia Sedgwick, Seed To Table Garden Project Coordinator
Miri Tal, Resettlement & Integration Counsellor

#### basic resources department

Lisa Ross, *Director of Basic Resource Services*Annica Carlsson, *Food Bank Coordinator*Jody Max, *Basic Resource Case Manager*Laura Stannard, *Housing Coordinator*Letizia Waddington, *Basic Resource Case Manager* 

#### administration & finance

Pearly Kheriwal, *Director of Administrative Services*Golriz Boroomand, *Receptionist*Irina Dordjieva, *Office Manager*Sandra Gilmour, *Administrative Assistant* 

Ferelyn Brown, *Full Charge Senior Bookkeeper* Leticia Reyes, *Bookkeeper* Mike Webber, *Controller* 

#### development department

Barry Dunner, *Director of Development*Ric DeVilla, *Development Coordinator*Sean Matvenko, *Communication Coordinator*Kate Petrusa, *Annual Giving Manager* 

### jfsa visionaries

### \$10,000+

Gary and Diane Averbach Gurval and Cecile Caer **Esther Chetner** George Gordon and Jean Haldane Harry and Effie Gordon Lorne Greenberg Kahn Foundation Marsid Family Foundation Phyllis and Irving Snider Foundation Russian Voice Radio Ltd. Charles and Elaine Shnier The Estate of Phyllis Stoessl The Estate of Sam Uzan JNHM Wolfe Ken Wosk Yosef Wosk Zalkow Foundation

### \$3600 - \$9999

Neil Baker Rokie Bernstein Barry and Marsha Brovender Eve Camerman Harvey and Jody Dales Kenneth and Reva Davidson Charles and Isabelle Diamond Craig and Carrie Diamond Gordon and Leslie Diamond Jill Diamond and Andrew Abramowich Mannie and Armelle Druker Dr. Herbert and Shirley Fitterman Howard Gerber Dr. Stephanie Glotman and Dr. Brad Munt Dr. Moishe Golubchuk Sheldon Green Morley Greene Ralph Markin

Robert Markin

Jack Lutsky and
Susan Mendelson
Peter Lutsky and
Shari Goldman-Lutsky
George and Dani Mate
Ken Mintz
Mark Pallai
Dr. Neil and
Michelle Pollock
Lyle and Rosaline Pullan
Elizabeth Schatz and
Adrian Levy
Irving and Marcia Sirlin
Julian and Norma Smith

### \$1000 - \$3599

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David and Tanis Goldman Mitchell and Lynne Gropper Zora Gropper Robert and Susan Hector Barbara Heller and Michael Karton Paul and Edwina Heller Joyce and Joseph Herman Sandra Hollenberg Bernard and Marilyn Hooper Karen James Jewish War Veterans of Canada Irving and Sharon Kates Mel Kaushansky Dr. Terry and Carol Kline Beverley Kort and Ray Schachter Shirley Kort Dr. David Landsberg and Dr.Tamara Shenkier Elliot and Megan Laskin Dr. Jonathan and Karly Leipsic William and Risa Levine Ian Leyland Bev Libin and Howard Reich Yariv and Orly Lipka Lohn Foundation Dr. Stan and Jean Lubin David MacKinlay Stephen and Deborah Maloon Monica Mashal and Doug Campbell Paul Maurer and Alicija Kudyba Shawna Merkur Ellen A. Miller Max and Cyndi Mintzberg Morton Holdings Ltd. Bess Narod National Council of Jewish Women

Wade Nesmith

Harvey Oreck

David Paperny and Audrey Mehler Cathy Paperny and Ron Ritch Brina Peritz Bernard Pinsky and Daniella Givon Rosemary Poll Sylvia Polsky Donna and Howard Riback Ed and Ricki Rothman Carl Rothschild Harley Rothstein and Eleanor Boyle Abe and Leyla Sacks Dr. Stephen Schertzer and Dr. Ruth Wingerin Terry and Sandy Schulz Anita Shafran Syd Shafron Marlee and Sandy Sheinin Heather Sirlin-Kenney and Alan Kenney **Kevin Solomons** Daniel Steiner Dr. George and Norma Steiner Peter Suedfeld Dr. Phil and Diane Switzer Perry and Laureen **Teperson** Dr. Barry and Ronnie Tessler Isaac Thau Arthur Toft John and Anna van Noordenne Shane Van Vliet David Weinberg Dr. Charles and Dr. Joanne Weinberg Ted Wenner and Zoe Wise **Ethel Wiss** Naomi Wolfe Heather Wolfe Myles Wolfe and Barby Solomon Dr. Barend and Judy Zack Juliet Zacks Zacks Family

Charitable Foundation

Ken Golden

### innovators lunch

### JESA INNO>ATORS LUNCH 2010

Presented by



**Save the Date!** If you liked Guy, you'll love Jeremy! JFSA is very pleased to announce that the sixth annual Innovators Lunch will be held on **Wednesday**, **April 14, 2010**. The keynote speaker will be creative, globe-roaming, trendhunting, **Jeremy Gutsche**.

Attracting more than 100,000,000 views, **TrendHunter.com** is the #1 trend-spotting site in the world -- the largest, most influential, most updated collection of cutting edge ideas available anywhere. It attracts roughly fifteen times more page views than its competitors.



Its founder, Jeremy Gutsche, relentlessly tracks and finds The Next Big Thing -that valuable but elusive commodity -- for a global audience that generates
millions of views a month. Gutsche is a creative individual with a broad appeal that stretches from
The Economist, which uses him as a source, to MTV, which places him at "the forefront of cool".

Visit www.jfsa.ca for more details.

### thank you 2009 innovators lunch sponsors

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### jfsa financials 2008-2009

september 1, 2008 - august 31, 2009

#### revenues

Donations & Fundraising Efforts \$891,428 2008 \$892,147 ndowment Fund & Interest \$146,964 2008 \$157,908 Fees for Service \$196,654 2008 \$119,424 Government & Grants \$205,184 2008 **\$290,144** locaust Survivor Assistance \$226,784 008 **\$107,026** Jewish Federation of Greater Vancouver\* \$858,740 2008 \$785,834 JIAS **\$88,875** 008 **\$101,136** Jnited Way\*\* **\$110,008** 2008 **\$112,174** 

### expenses

Administration \$330,750
2008 \$336,676

Programs \$82,165
2008 \$70,367

Fundraising \$155,058
2008 \$133,074

Financial Aid \$506,166
2008 \$437,968

Salaries & Benefits \$1,614,195
2008 \$1,503,059

### 2009 Total Revenues : \$2,724,637

2008 Total Revenues: \$2,565,803

- \* Includes individual CJA+ gifts
- \*\* Includes individual designated United Way gifts

2009 Total Expenses: \$2,688,334

2008 Total Expenses: \$2,481,234



# jfsa and social media









Look for our new podcast on iTunes and for more client stories on Facebook and Twitter.

Please visit www.jfsa.ca for more information.







Podcast on iTunes, Facebook and Twitter!